

1

00:00:00,000 --> 00:00:03,500

On this episode of Expedition X,

2

00:00:03,500 --> 00:00:07,000

in the ancient Aztec canals near Mexico City,

3

00:00:07,000 --> 00:00:10,000

my team investigates a haunted island

4

00:00:10,000 --> 00:00:14,000

where thousands of demonic dolls are on the attack.

5

00:00:14,000 --> 00:00:17,500

There are things on this island that can come after us.

6

00:00:17,500 --> 00:00:19,500

Jessica, you're gonna want to see this. Look at this.

7

00:00:19,500 --> 00:00:22,000

I might be able to find a little backup for you.

8

00:00:22,000 --> 00:00:26,500

World-renowned paranormal investigator Jason Hawes joins the hunt.

9

00:00:26,500 --> 00:00:27,500

What the heck?

10

00:00:27,500 --> 00:00:28,500

What?

11

00:00:28,500 --> 00:00:31,000

To make contact with the other side.

12

00:00:31,000 --> 00:00:32,000

Holy f***.

13

00:00:32,000 --> 00:00:35,000

Just behind you, there's a doll. It's moving.

14

00:00:35,000 --> 00:00:36,000

What?

15

00:00:37,000 --> 00:00:38,500

Oh my God.

16

00:00:42,000 --> 00:00:44,500

My name is Josh Gates.

17

00:00:44,500 --> 00:00:49,000

In my travels, I've experienced strange things that defy logic

18

00:00:49,000 --> 00:00:51,000

and made me question everything.

19

00:00:51,000 --> 00:00:53,000

Oh my God.

20

00:00:53,000 --> 00:00:58,000

Now, I've put together a team to investigate the stranger side of the unknown.

21

00:00:58,500 --> 00:00:59,500

Let's go.

22

00:01:00,500 --> 00:01:04,500

Phil Torres is a scientist who hunts for rational explanations.

23

00:01:04,500 --> 00:01:07,500

The criminal has actually found snow snow.

24

00:01:07,500 --> 00:01:12,500

Jessica Chobot's paranormal research has made her a true believer.

25

00:01:12,500 --> 00:01:15,000

There is a monster living in this forest.

26

00:01:15,000 --> 00:01:16,000

Phil, Phil, Phil.

27

00:01:16,000 --> 00:01:17,500

I just saw something right across.

28

00:01:17,500 --> 00:01:19,500

Together, we're searching for answers

29

00:01:19,500 --> 00:01:21,000

What is that?

30

00:01:21,000 --> 00:01:24,500

to the world's most extraordinary mysteries.

31

00:01:25,000 --> 00:01:28,000

This is Expedition X.

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00:01:32,000 --> 00:01:36,000

We have a case today that's really intriguing and also terrifying.

33

00:01:36,000 --> 00:01:38,500

We're talking about the paranormal.

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00:01:38,500 --> 00:01:39,500

Ghosts.

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00:01:39,500 --> 00:01:42,000

Now, ghosts are a very polarizing subject.

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00:01:42,000 --> 00:01:45,500

In a recent poll, about 48% of Americans believe in ghosts.

37

00:01:45,500 --> 00:01:47,500

So it's almost split down the middle half and half.

38

00:01:47,500 --> 00:01:48,500

Phil, what's your take on ghosts?

39

00:01:48,500 --> 00:01:49,500

Are you a believer?

40

00:01:49,500 --> 00:01:50,500

I'm a skeptic.

41

00:01:50,500 --> 00:01:52,500

But show me and maybe I'll believe.

42

00:01:52,500 --> 00:01:53,500

I'm not ever the scientist.

43

00:01:53,500 --> 00:01:54,500

And what about you?

44

00:01:54,500 --> 00:01:55,500

Believer and ghosts?

45

00:01:55,500 --> 00:01:56,500

Yeah, I'm a believer.

46

00:01:56,500 --> 00:01:57,500

I mean, think about it.

47

00:01:57,500 --> 00:02:00,500

Everyone you know has a story or they know someone that has a story.

48

00:02:00,500 --> 00:02:03,500

And I don't think you can just easily write that off.

49

00:02:03,500 --> 00:02:06,500

So we've got our representation of America here.

50

00:02:06,500 --> 00:02:09,500

You know, 50% believe, 50% do not.

51

00:02:09,500 --> 00:02:13,500

Let's see if we can sway your skepticism here, Phil.

52

00:02:13,500 --> 00:02:15,500

I want to show you a video from the internet.

53

00:02:15,500 --> 00:02:18,500

This is not the case that you're going to be investigating,

54

00:02:18,500 --> 00:02:20,500

but it is related in a way.

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00:02:20,500 --> 00:02:22,500

So check this video out.

56

00:02:22,500 --> 00:02:25,500

This is a video that was shot by a woman named Cherie Shown

57

00:02:25,500 --> 00:02:26,500

from Fresno, California.

58

00:02:26,500 --> 00:02:30,500

And as you can see, she has a truly creepy collection of dolls.

59

00:02:30,500 --> 00:02:32,500

Already, I don't understand this woman.

60

00:02:32,500 --> 00:02:34,500

But wait for it.

61

00:02:34,500 --> 00:02:37,500

Something really, really creepy is about to happen.

62

00:02:37,500 --> 00:02:38,500

Watch this.

63

00:02:38,500 --> 00:02:39,500

Oh!

64

00:02:39,500 --> 00:02:41,500

Can you see it?

65

00:02:41,500 --> 00:02:42,500

Okay, one more time.

66

00:02:42,500 --> 00:02:43,500

Here we go.

67

00:02:43,500 --> 00:02:44,500

Back it up.

68

00:02:44,500 --> 00:02:46,500

Oh my God.

69

00:02:46,500 --> 00:02:47,500

Oh!

70

00:02:47,500 --> 00:02:49,500

That's not right.

71

00:02:49,500 --> 00:02:50,500

That's not right.

72

00:02:50,500 --> 00:02:52,500

That's not right at all.

73

00:02:52,500 --> 00:02:53,500

So Phil, what do you think?

74

00:02:53,500 --> 00:02:54,500

Have I made you a true believer now?

75

00:02:54,500 --> 00:02:58,500

I fully believe that yes, a room full of dolls is creepy.

76

00:02:58,500 --> 00:02:59,500

Yeah, sure.

77

00:02:59,500 --> 00:03:00,500

No question.

78

00:03:00,500 --> 00:03:01,500

We can all agree on that.

79

00:03:01,500 --> 00:03:02,500

No question, yes.

80

00:03:02,500 --> 00:03:05,500

But the timing of it, just when they pan to that doll,

81

00:03:05,500 --> 00:03:08,500

that it moves its arm, it just seems a little too convenient

82

00:03:08,500 --> 00:03:13,500

for me to really believe that she caught something paranormal on camera.

83

00:03:13,500 --> 00:03:14,500

Right.

84

00:03:14,500 --> 00:03:15,500

So you need a lot more evidence here.

85

00:03:15,500 --> 00:03:16,500

Yeah.

86

00:03:16,500 --> 00:03:17,500

And what about you, Jess?

87

00:03:17,500 --> 00:03:18,500

What do you make of the doll?

88

00:03:18,500 --> 00:03:19,500

I'm totally into this.

89

00:03:19,500 --> 00:03:20,500

Could be real.

90

00:03:20,500 --> 00:03:21,500

I absolutely think that this could be real.

91

00:03:21,500 --> 00:03:24,500

And with Phil, that I think it needs more investigation.

92

00:03:24,500 --> 00:03:26,500

Look, there's other examples out there.

93

00:03:26,500 --> 00:03:29,500

We've got Annabelle, the famous doll from Ed and Lorraine Warren.

94

00:03:29,500 --> 00:03:33,500

Right, famous paranormal investigators who investigated a case with a haunted doll.

95

00:03:33,500 --> 00:03:37,500

A doll they kept locked in a case that nobody was supposed to disturb,

96

00:03:37,500 --> 00:03:40,500

in which they've made a bunch of very creepy movies about.

97

00:03:40,500 --> 00:03:44,500

We tend to think of stories like this as kind of the stuff of modern horror films.

98

00:03:44,500 --> 00:03:45,500

Yeah.

99

00:03:45,500 --> 00:03:50,500

But in fact, belief in paranormal energy in dolls is old, really old.

100

00:03:50,500 --> 00:03:54,500

There are instances that date back to ancient Egypt.

101

00:03:54,500 --> 00:03:57,500

In ancient Egypt, there were small wax figures and effigies made

102

00:03:57,500 --> 00:04:00,500

that were meant to contain supernatural power.

103

00:04:00,500 --> 00:04:05,500

In ancient Rome, they used to use dolls and all sorts of rituals to commune with the gods.

104

00:04:05,500 --> 00:04:10,500

And you find these little effigies and offerings all over the world in ancient cultures

105

00:04:10,500 --> 00:04:13,500

that are meant to be imbued with a kind of magic.

106

00:04:13,500 --> 00:04:18,500

But there is one place in the world that has more paranormal dolls

107

00:04:18,500 --> 00:04:20,500

per square inch than anywhere else on the planet.

108

00:04:20,500 --> 00:04:23,500

And it is a place known as the Island of the Dolls.

109

00:04:23,500 --> 00:04:24,500

Have you heard of this place?

110

00:04:24,500 --> 00:04:27,500

Absolutely. I wanted to go there for so long.

111

00:04:27,500 --> 00:04:29,500

Well, I've got some bad news for you.

112

00:04:29,500 --> 00:04:32,500

This is a place that I have had a chance to visit.

113

00:04:32,500 --> 00:04:33,500

It is in Mexico City.

114

00:04:33,500 --> 00:04:36,500

It has a really fascinating backstory.

115

00:04:36,500 --> 00:04:42,500

And depending on your beliefs, it is also a place that is filled with some seriously negative energy.

116

00:04:42,500 --> 00:04:44,500

Check this out.

117

00:04:46,500 --> 00:04:50,500

Mexico City was once the domain of the Aztecs.

118

00:04:50,500 --> 00:04:58,500

And on the outskirts of the city, there is a grouping of tiny islands in a maze of canals called Soche Milco.

119

00:04:58,500 --> 00:05:03,500

These waterways were used by indigenous people more than 500 years ago

120

00:05:03,500 --> 00:05:05,500

for agriculture and transportation.

121

00:05:05,500 --> 00:05:11,500

At the same time, the Aztecs started performing sacred and bloody rituals

122

00:05:11,500 --> 00:05:15,500

at a nearby pyramid complex called Cerro de la Estrella.

123

00:05:15,500 --> 00:05:21,500

And some believe there is a spiritual connection between the pyramid and the canals.

124

00:05:22,500 --> 00:05:26,500

Flash forward to the 1950s and the canals.

125

00:05:26,500 --> 00:05:32,500

A man named Don Julian Santana Barrera became the caretaker of one of these islands.

126

00:05:32,500 --> 00:05:37,500

The story goes that one day while Don Julian was fishing from the bank of his island,

127

00:05:37,500 --> 00:05:40,500

he discovered the body of a drowned girl.

128

00:05:40,500 --> 00:05:44,500

Just a few feet away, the girl's doll washed ashore.

129

00:05:44,500 --> 00:05:50,500

Don Julian became fixated on this disturbing event, and he hung the girl's doll from a tree.

130

00:05:50,500 --> 00:05:54,500

Something he was warding off ancient Aztec spirits.

131

00:05:54,500 --> 00:05:58,500

Others say the spirit of the drowned girl had possessed him.

132

00:05:58,500 --> 00:06:04,500

Within a few years, Don Julian had covered the island with strange, broken dolls.

133

00:06:05,500 --> 00:06:12,500

Then, in a terrifying twist to the story, Don Julian's body was found in 2001

134

00:06:12,500 --> 00:06:16,500

in the exact spot where he discovered the drowned girl and her doll.

135

00:06:16,500 --> 00:06:19,500

People have continued to bring dolls to the island,

136

00:06:19,500 --> 00:06:23,500

attempting to ward off whatever evil spirits lurk there.

137

00:06:23,500 --> 00:06:25,500

And now, there are thousands.

138

00:06:27,500 --> 00:06:33,500

Since I visited there, the instances of what people claim are paranormal occurrences

139

00:06:33,500 --> 00:06:37,500

have skyrocketed. There's some sort of malevolent energy there.

140

00:06:37,500 --> 00:06:41,500

So, if it's not real, what are people experiencing?

141

00:06:41,500 --> 00:06:43,500

And what is that rational explanation?

142

00:06:43,500 --> 00:06:47,500

If it is real, can what's happening there be documented?

143

00:06:47,500 --> 00:06:48,500

That's the mission.

144

00:06:48,500 --> 00:06:49,500

Up for it?

145

00:06:51,500 --> 00:06:56,500

A 2600-mile flight lands Jessica and Phil in Mexico City.

146

00:06:56,500 --> 00:07:01,500

Today, Mexico City is the second-largest metropolis in the Western Hemisphere.

147

00:07:01,500 --> 00:07:05,500

It sits atop the ruins of what was once Tenochtitlan,

148

00:07:05,500 --> 00:07:12,500

the soaring capital of the mighty Aztec Empire that sat atop an island in what was then a vast lake.

149

00:07:12,500 --> 00:07:20,500

Constructed more than 600 years ago, it eventually fell to Spanish conquistadors in 1521.

150

00:07:20,500 --> 00:07:26,500

And even today, this mix of cultures can be seen everywhere you look in this historic metropolis.

151

00:07:32,500 --> 00:07:36,500

We've arranged to meet our first eyewitness in downtown Mexico City.

152

00:07:36,500 --> 00:07:40,500

She's a woman who's had a terrifying experience at the island of the dolls.

153

00:07:42,500 --> 00:07:45,500

Well, it was the creepiest thing in my life.

154

00:07:45,500 --> 00:07:50,500

Because it was a dare. I went to the island by myself.

155

00:07:50,500 --> 00:07:53,500

Was the dare just to go to the island by yourself?

156

00:07:53,500 --> 00:07:55,500

That there was for stealing a doll.

157

00:07:55,500 --> 00:07:58,500

What happened when you first stepped on the island?

158

00:07:58,500 --> 00:08:04,500

Since I got off the boat, it feels so strange, like a dark vibe.

159

00:08:04,500 --> 00:08:07,500

I started feeling someone was there.

160

00:08:08,500 --> 00:08:09,500

Somebody was watching you?

161

00:08:09,500 --> 00:08:13,500

Yeah. A little shadow, like maybe a girl.

162

00:08:15,500 --> 00:08:17,500

Oh my God, it was terrifying.

163

00:08:17,500 --> 00:08:23,500

She said she felt under attack and physically ill as if the spirits were chasing her off the island.

164

00:08:23,500 --> 00:08:27,500

She left without a doll and says she won't ever go back.

165

00:08:27,500 --> 00:08:33,500

Tanya's story is consistent with other witnesses who say the phenomena out there seem to be getting more dangerous.

166

00:08:36,500 --> 00:08:37,500

Ready to do this?

167

00:08:37,500 --> 00:08:38,500

Yeah, let's go.

168

00:08:38,500 --> 00:08:43,500

If we're going to get to the bottom of what's happening on the island of the dolls, it's time to get out there.

169

00:08:45,500 --> 00:08:50,500

We board a traditional trajinero boat that'll take us through ancient canals to the island of the dolls.

170

00:08:51,500 --> 00:08:58,500

Our guide Miguel has been taking this boat trip to the island since he was six years old.

171

00:08:58,500 --> 00:09:02,500

Back when Don Julian still served as the island's caretaker.

172

00:09:04,500 --> 00:09:07,500

So what did Don Julian actually say about the island?

173

00:09:07,500 --> 00:09:11,500

After Don Julian found the girl's body, he was haunted by her ghost.

174

00:09:11,500 --> 00:09:14,500

So Miguel, do you go out there anymore at night?

175

00:09:14,500 --> 00:09:16,500

No, not anymore.

176

00:09:16,500 --> 00:09:20,500

The last time I ever set foot on the island, I had gone there with a friend.

177

00:09:20,500 --> 00:09:26,500

We were tying our boat to the dock and as the sun went down, we noticed a drop in temperature.

178

00:09:26,500 --> 00:09:30,500

We spotted a warrior-like figure walking toward the shack.

179

00:09:30,500 --> 00:09:32,500

We hopped onto land and followed the path.

180

00:09:32,500 --> 00:09:35,500

Once we got there, no one was inside.

181

00:09:35,500 --> 00:09:38,500

We both had a strong sense of threat in our stomachs.

182

00:09:38,500 --> 00:09:40,500

It almost felt like sickness.

183

00:09:40,500 --> 00:09:48,500

Whether you believe these stories or not, there's definitely an eerie stillness out here on the canal.

184

00:09:57,500 --> 00:10:00,500

Oh my God, look at this place.

185

00:10:07,500 --> 00:10:08,500

Holy f***.

186

00:10:11,500 --> 00:10:15,500

This is certifiably horrifying.

187

00:10:21,500 --> 00:10:24,500

Oh my God.

188

00:10:24,500 --> 00:10:28,500

Oh, that is extremely messed up.

189

00:10:28,500 --> 00:10:30,500

It's like smi- Eiling?

190

00:10:32,500 --> 00:10:33,500

Rojelio.

191

00:10:34,500 --> 00:10:35,500

Rojelio.

192

00:10:36,500 --> 00:10:41,500

Jessica and I have arranged to meet with the island's current caretaker, Rojelio Sanchez.

193

00:10:41,500 --> 00:10:47,500

He's the nephew of the original caretaker, Don Julian, who died on this island in 2001.

194

00:10:48,500 --> 00:10:49,500

Hola.

195

00:10:49,500 --> 00:10:50,500

Hola.

196

00:10:50,500 --> 00:10:51,500

¿Cómo está?

197

00:10:51,500 --> 00:10:54,500

This place is overwhelmingly intense.

198

00:10:54,500 --> 00:10:58,500

I'm eager to see the mysterious doll that belonged to the drowned girl.

199

00:10:58,500 --> 00:11:04,500

It's the first doll that Don Julian hung and some believe that act unleashed the dark forces here.

200

00:11:08,500 --> 00:11:11,500

This is the original doll.

201

00:11:12,500 --> 00:11:14,500

She doesn't have any feet.

202

00:11:14,500 --> 00:11:16,500

She doesn't have any arms.

203

00:11:17,500 --> 00:11:20,500

She's been here over 60 years.

204

00:11:20,500 --> 00:11:24,500

She's the one that he found next to her body in the water.

205

00:11:24,500 --> 00:11:25,500

Yes.

206

00:11:25,500 --> 00:11:28,500

So this is where we begin.

207

00:11:31,500 --> 00:11:36,500

As Rojelio talks about the dolls, I sense a presence and start to feel uneasy.

208

00:11:38,500 --> 00:11:40,500

This is followed by a sudden chill.

209

00:11:41,500 --> 00:11:45,500

Perhaps the sign that spirits could be displacing the heat around me.

210

00:11:45,500 --> 00:11:46,500

Ugh, look it.

211

00:11:46,500 --> 00:11:48,500

Got the goosebumps.

212

00:11:48,500 --> 00:11:50,500

Oh my God, I'm gonna start crying.

213

00:11:50,500 --> 00:11:51,500

Ugh.

214

00:11:54,500 --> 00:11:56,500

You doing okay?

215

00:11:58,500 --> 00:11:59,500

No, no I'm not.

216

00:11:59,500 --> 00:12:01,500

I'm getting out.

217

00:12:02,500 --> 00:12:03,500

I'll just take a breather.

218

00:12:03,500 --> 00:12:04,500

I'll come back in.

219

00:12:04,500 --> 00:12:05,500

I just need a second.

220

00:12:05,500 --> 00:12:07,500

You can stop right here.

221

00:12:07,500 --> 00:12:08,500

Ugh.

222

00:12:09,500 --> 00:12:10,500

I've seen this before.

223

00:12:10,500 --> 00:12:18,500

I believe that the spirit of the child and the spirits of those who once lived here is contained in the dolls.

224

00:12:18,500 --> 00:12:21,500

Feeding off of your energy.

225

00:12:21,500 --> 00:12:23,500

That is what you're feeling.

226

00:12:23,500 --> 00:12:28,500

It seems like Jessica might not have been the only victim of whatever phenomenon was happening in the shack.

227

00:12:28,500 --> 00:12:30,500

So what happened with the cameras?

228

00:12:30,500 --> 00:12:31,500

Tony, I'm playing now.

229

00:12:31,500 --> 00:12:33,500

But what did you see on it before?

230

00:12:33,500 --> 00:12:37,500

It showed the clip from when we were inside, like just coming onto the island.

231

00:12:37,500 --> 00:12:38,500

Why? What's happening?

232

00:12:38,500 --> 00:12:40,500

Should we cut the...

233

00:12:40,500 --> 00:12:44,500

What point when you walked inside did that happen?

234

00:12:44,500 --> 00:12:49,500

They had just... all three of them had gotten together on the inside, standing in that corner.

235

00:12:49,500 --> 00:12:53,500

So right before Jessica had her outburst?

236

00:12:53,500 --> 00:12:55,500

Yeah, they had just stopped recording.

237

00:12:55,500 --> 00:12:59,500

And now we can't even look at any of the footage. It's just not there anymore.

238

00:13:00,500 --> 00:13:02,500

Man, what is going on here?

239

00:13:09,500 --> 00:13:13,500

I've sent Phil and Jessica to the notorious Island of the Dolls.

240

00:13:13,500 --> 00:13:18,500

A place that I found deeply disturbing when I investigated it a decade ago.

241

00:13:19,500 --> 00:13:24,500

But these days, paranormal activity here is reportedly even stronger.

242

00:13:24,500 --> 00:13:28,500

Something that Jessica may have just experienced firsthand.

243

00:13:28,500 --> 00:13:30,500

You doing okay?

244

00:13:30,500 --> 00:13:34,500

No, no, I'm not. I'm getting out.

245

00:13:34,500 --> 00:13:38,500

Take a breather. I'll come back in. I just need a second.

246

00:13:38,500 --> 00:13:40,500

You can stop right here.

247

00:13:40,500 --> 00:13:46,500

Meanwhile, the crew realizes that Jessica may not have been the only target of the energy in the room.

248

00:13:46,500 --> 00:13:49,500

One of the cameras suffered a serious malfunction.

249

00:13:49,500 --> 00:13:51,500

Should we cut the...

250

00:13:51,500 --> 00:13:55,500

A camera just completely seized.

251

00:13:55,500 --> 00:13:56,500

Really?

252

00:13:56,500 --> 00:13:57,500

And stopped recording.

253

00:13:57,500 --> 00:14:02,500

Brad, my producing partner for nearly 15 years, has seen plenty of production glitches.

254

00:14:02,500 --> 00:14:08,500

But for an utterly reliable camera like this to fail, he thinks could mean something else.

255

00:14:08,500 --> 00:14:17,500

We've seen this sort of equipment failure and battery drain and things not working right when there's paranormal activity around.

256

00:14:17,500 --> 00:14:20,500

It's a phenomenon for TV crews who do this sort of thing. It happens.

257

00:14:20,500 --> 00:14:22,500

Yeah, it felt like I got hit with a ton of bricks.

258

00:14:23,500 --> 00:14:28,500

We saw all the clips from beginning and then as soon as you walked in, we had one frame.

259

00:14:28,500 --> 00:14:30,500

Right when we walked in there.

260

00:14:30,500 --> 00:14:31,500

Yeah.

261

00:14:32,500 --> 00:14:36,500

We put the hard drive back in and it's just sitting there busy. It won't play.

262

00:14:36,500 --> 00:14:39,500

I was not comfortable in there at all.

263

00:14:39,500 --> 00:14:44,500

But the incident is also an encouraging sign that there's something going on here.

264

00:14:44,500 --> 00:14:48,500

And because so many reports of the island's paranormal activity have happened after dark,

265

00:14:48,500 --> 00:14:53,500

we're eager to return to the island soon to conduct a thorough overnight investigation.

266

00:14:53,500 --> 00:14:57,500

Rogelio, we'd like to come back at night. We're going to bring some gear.

267

00:14:57,500 --> 00:15:00,500

We're going to do our own investigations, maybe even take some samples.

268

00:15:00,500 --> 00:15:02,500

So we want to see if that'd be okay with you.

269

00:15:03,500 --> 00:15:06,500

But Rogelio has serious reservations.

270

00:15:07,500 --> 00:15:14,500

I used to live here on the island, but I no longer stay here at night because the spirits are too intense.

271

00:15:14,500 --> 00:15:20,500

You've been here five minutes and you've already been attacked by the spirits.

272

00:15:20,500 --> 00:15:27,500

I need to think about it. I don't want to see you get hurt. Please, let's step outside.

273

00:15:28,500 --> 00:15:33,500

I understand why Rogelio might be concerned so soon after seeing me react to the island spirits,

274

00:15:33,500 --> 00:15:37,500

but I'm hoping that we can find some way to convince him to allow us back.

275

00:15:39,500 --> 00:15:44,500

Before we go, we'd like to see the place where your uncle first saw the girl.

276

00:15:44,500 --> 00:15:45,500

Yes, please.

277

00:15:45,500 --> 00:15:53,500

In this place, the girl died here in this spot. She drowned here in the canal.

278

00:15:54,500 --> 00:15:59,500

Why did your uncle feel that hanging up her doll would put her at peace?

279

00:16:00,500 --> 00:16:06,500

He believed that the girl's spirit was going to drag him into the water

280

00:16:06,500 --> 00:16:12,500

and he thought that hanging up the doll might appease the spirit.

281

00:16:12,500 --> 00:16:15,500

But your uncle did die in this spot, didn't he?

282

00:16:15,500 --> 00:16:20,500

Yes, at the time of his death, he was here at the shore fishing.

283

00:16:21,500 --> 00:16:30,500

I believe that he saw the spirit of the girl and got so scared that he had a heart attack and died.

284

00:16:32,500 --> 00:16:34,500

So he was literally scared to death by the spirit?

285

00:16:34,500 --> 00:16:41,500

Yes, I believe so. I'm not just her. The ancient spirits are also strong here.

286

00:16:41,500 --> 00:16:44,500

They are a part of the dolls now.

287

00:16:44,500 --> 00:16:50,500

He said you can feel it because you get goosebumps.

288

00:16:50,500 --> 00:16:56,500

We tell Rogelio that we understand the risks but we still want to conduct an overnight investigation.

289

00:16:56,500 --> 00:16:59,500

For now, we take our boat and head back to the mainland.

290

00:17:02,500 --> 00:17:07,500

Once there, we set up a sky put Josh to figure out a way to convince the caretaker to allow us to return.

291

00:17:07,500 --> 00:17:12,500

Hey, guys, how are you? Let's talk Island of the Dolls. Did you make it to the island?

292

00:17:12,500 --> 00:17:13,500

We did. We did.

293

00:17:13,500 --> 00:17:18,500

For me, it was terrifying. We had a moment where we walked into an area where the original doll is kept.

294

00:17:18,500 --> 00:17:24,500

And the minute I walked in, I got hit hard with a huge wave of sadness.

295

00:17:24,500 --> 00:17:25,500

Wow. Are you okay?

296

00:17:25,500 --> 00:17:30,500

Yeah, I'm okay. Just, yeah, it wasn't anything that I expected to have happen.

297

00:17:30,500 --> 00:17:37,500

Now, when I was there, which was like a lifetime ago, access was not a difficult thing, but I take it that's changed.

298

00:17:37,500 --> 00:17:38,500

Yeah.

299

00:17:38,500 --> 00:17:43,500

The caretaker said we couldn't come back at night. He was pretty adamant about it.

300

00:17:43,500 --> 00:17:46,500

Yeah, you have any thoughts on how to change his mind?

301

00:17:46,500 --> 00:17:49,500

Okay, so, hey, guys, I have a very unusual Rolodex. Let me go through it.

302

00:17:49,500 --> 00:17:54,500

I might be able to find a little backup for you. It might take me a couple of days to find the right person.

303

00:17:54,500 --> 00:17:55,500

That'd be great.

304

00:17:55,500 --> 00:17:59,500

Listen, guys, keep your eyes and ears open. I look forward to hearing all about it later.

305

00:17:59,500 --> 00:18:00,500

We'll do.

306

00:18:01,500 --> 00:18:05,500

While I round up some resources to help with the overnight investigation of the island,

307

00:18:05,500 --> 00:18:14,500

Jessica and Phil decide to investigate a nearby location that many people believe is responsible for the paranormal activity at the island,

308

00:18:14,500 --> 00:18:21,500

the Cerro de la Estrella Pyramid Complex. Built around the same time as the Socha Milko Canals,

309

00:18:21,500 --> 00:18:25,500

this was the location of the Aztec Sacred Fire Ritual.

310

00:18:25,500 --> 00:18:34,500

Every 52 years, the Aztecs conducted human sacrifices here, offering the still-beating hearts of their captives to the gods.

311

00:18:34,500 --> 00:18:40,500

They believed this was necessary to keep the sun shining on the vast Aztec Empire.

312

00:18:40,500 --> 00:18:47,500

Starting in the 1970s, the water from the sacred mountain was diverted to feed the canals of Socha Milko,

313

00:18:47,500 --> 00:18:54,500

and I'm wondering if there's something about that water that could account for the experiences people are reporting out at the island.

314

00:18:54,500 --> 00:18:59,500

And I'm wondering if the paranormal energy from the pyramid could be flowing there as well.

315

00:19:00,500 --> 00:19:04,500

But it's below the surface of the ruins where it gets really interesting.

316

00:19:04,500 --> 00:19:14,500

It's a dizzying maze of miles and miles of tunnels where rainwater and runoff flows out to the canals and the island of the dolls.

317

00:19:14,500 --> 00:19:20,500

In these tunnels, the Aztecs performed bloody and brutal sacrifices to their gods.

318

00:19:25,500 --> 00:19:28,500

Just get our headlamps on.

319

00:19:28,500 --> 00:19:30,500

Just fight it. Oh, you good?

320

00:19:30,500 --> 00:19:32,500

Yeah, I'm good.

321

00:19:32,500 --> 00:19:36,500

Oh, it is dark in here.

322

00:19:39,500 --> 00:19:41,500

Jessica, you're gonna want to see this. Look at this. Look at this.

323

00:19:41,500 --> 00:19:44,500

Holy s***!

324

00:19:45,500 --> 00:19:49,500

The water from this mountain feeds the Socha Milko canals,

325

00:19:49,500 --> 00:19:55,500

and, like the island of the dolls, has a reputation as a hotspot for otherworldly phenomena.

326

00:19:55,500 --> 00:19:59,500

Jessica, you're gonna want to see this. Look at this. Look at this.

327

00:19:59,500 --> 00:20:01,500

Holy s***!

328

00:20:15,500 --> 00:20:18,500

What is that?

329

00:20:18,500 --> 00:20:24,500

I know this symbol looks ominous, but it's probably been put here to ward off evil spirits.

330

00:20:24,500 --> 00:20:26,500

But, you know, who knows why the person put it here.

331

00:20:26,500 --> 00:20:32,500

It could be to actually lock in the evil here so that it doesn't escape out into the real world.

332

00:20:32,500 --> 00:20:34,500

So, evils may be locked in over there.

333

00:20:34,500 --> 00:20:36,500

Yeah, so you should go further into the cave.

334

00:20:36,500 --> 00:20:38,500

That's the way we're going.

335

00:20:38,500 --> 00:20:40,500

Excellent.

336

00:20:45,500 --> 00:20:47,500

Oh, what's that smell?

337

00:20:47,500 --> 00:20:50,500

Yeah, I'm getting a whiff of something subtly sweet.

338

00:20:50,500 --> 00:20:54,500

Could be a sign of ethylene, or there could even be methane in here.

339

00:20:54,500 --> 00:20:55,500

Uh, is that dangerous?

340

00:20:55,500 --> 00:20:58,500

It can be if you're exposed to high enough levels.

341

00:20:58,500 --> 00:21:04,500

Ethylene is a naturally occurring gas that is sometimes emitted from fissures in limestone,

342

00:21:04,500 --> 00:21:08,500

and there's a significant amount of limestone beneath Mexico City.

343

00:21:08,500 --> 00:21:13,500

Breathing ethylene or methane in high levels can cause dizziness, nausea, hallucinations,

344

00:21:13,500 --> 00:21:16,500

or even loss of consciousness.

345

00:21:16,500 --> 00:21:20,500

Could that explain the strange feelings that people are having on the island of the Dalls?

346

00:21:25,500 --> 00:21:28,500

It really makes you wonder how far through these caves go.

347

00:21:29,500 --> 00:21:35,500

I mean, there is a lot happening underneath this temple, underneath Mexico City,

348

00:21:35,500 --> 00:21:39,500

and it's given me some ideas about what could be happening at the island of the Dalls.

349

00:21:39,500 --> 00:21:42,500

I think I need to do some more digging into it, though.

350

00:21:42,500 --> 00:21:45,500

It's just ghost, Phil. It's a little bit complicated.

351

00:21:47,500 --> 00:21:49,500

With a new day comes a new development.

352

00:21:49,500 --> 00:21:53,500

We've received word that the caretaker of the island is allowing us to return.

353

00:21:53,500 --> 00:21:55,500

Thanks to the presence of a special guest,

354

00:21:55,500 --> 00:22:00,500

that Josh has arranged to join us, veteran paranormal investigator Jason Haas.

355

00:22:01,500 --> 00:22:07,500

Over the past two decades, Jason and his team have investigated thousands of claims of paranormal activity.

356

00:22:10,500 --> 00:22:13,500

Hey, look who it is! How you doing, man? Welcome!

357

00:22:13,500 --> 00:22:15,500

Should we do it? Yeah, let's go!

358

00:22:18,500 --> 00:22:22,500

Now, what do you guys think about the island, like, your own perception, your own taste?

359

00:22:22,500 --> 00:22:27,500

As a person who had a breakdown in front of Phil and the entire crew,

360

00:22:27,500 --> 00:22:32,500

I was shocked at how quickly I felt, like, sobbingly sad.

361

00:22:34,500 --> 00:22:36,500

Listen, for me, why this particular place?

362

00:22:36,500 --> 00:22:42,500

Like, what flipped the switch for me here at the exact moment that apparently one of our cameras died?

363

00:22:42,500 --> 00:22:46,500

That's weird. Any kind of plans how we should approach this?

364

00:22:46,500 --> 00:22:50,500

Has anybody checked any of the, uh, the, uh, the cameras?

365

00:22:50,500 --> 00:22:54,500

Has anybody checked any of the, uh, levels of gas or anything of that nature?

366

00:22:54,500 --> 00:22:57,500

So, yeah, so I'm gonna be testing for methane, those types of gases,

367

00:22:57,500 --> 00:23:01,500

because some of them, legit, can make people, you know, feel weird or even hallucinate.

368

00:23:01,500 --> 00:23:05,500

There's a hyper sensitivity, where people feel nausea, fatigue, hallucinations, paranoia.

369

00:23:05,500 --> 00:23:09,500

When you remove that, a lot of times you remove their experiences,

370

00:23:09,500 --> 00:23:11,500

because that nothing to do with the paranormal in the first place.

371

00:23:13,500 --> 00:23:15,500

Jason, check this out up ahead.

372

00:23:21,500 --> 00:23:26,500

Jason, do you want to come with me?

373

00:23:26,500 --> 00:23:30,500

Because I actually found a spot that's pretty decent for, like, a home base.

374

00:23:30,500 --> 00:23:32,500

Yeah, that's fine. I'll be on the shore over here.

375

00:23:32,500 --> 00:23:33,500

Okay.

376

00:23:33,500 --> 00:23:38,500

While Phil goes to test environmental factors that might explain some of the island's strange phenomena,

377

00:23:38,500 --> 00:23:44,500

Jason and I agreed to set up a camera grid to monitor the sweeps we will conduct during our investigation.

378

00:23:44,500 --> 00:23:45,500

So I was thinking right here.

379

00:23:45,500 --> 00:23:47,500

It's Mac Dab in the middle of all the times.

380

00:23:47,500 --> 00:23:53,500

I figure that way, if anything happens, we can kind of, we've got an equal opportunity to get there as fast as possible.

381

00:23:53,500 --> 00:23:56,500

I can't imagine how much time it took to put all these dolls up.

382

00:23:56,500 --> 00:23:59,500

It's for years. Years and years.

383

00:24:02,500 --> 00:24:04,500

Do you want to go do some recon?

384

00:24:04,500 --> 00:24:05,500

Let's do it. You're the boss.

385

00:24:05,500 --> 00:24:06,500

All right.

386

00:24:07,500 --> 00:24:09,500

I just don't like it in here.

387

00:24:09,500 --> 00:24:16,500

This is the doll that Don Julian found in the water next to the little girl's body.

388

00:24:18,500 --> 00:24:23,500

While Jessica and Jason scout, I'm setting up where most of the paranormal activity has been reported,

389

00:24:23,500 --> 00:24:27,500

by the water where both the girl and Don Julian died.

390

00:24:27,500 --> 00:24:34,500

I start off shore with the tech tool that's never been used before in this location, an underwater ROV camera.

391

00:24:35,500 --> 00:24:40,500

I'm looking for bubbles in the water that would indicate the presence of a natural gas like ethylene.

392

00:24:43,500 --> 00:24:46,500

Wow, this water is murky.

393

00:24:47,500 --> 00:24:51,500

This is going to be really challenging. I'm seeing tons of gas bubbles.

394

00:24:59,500 --> 00:25:01,500

What was that?

395

00:25:06,500 --> 00:25:13,500

Veteran paranormal investigator Jason Hawes has joined Jessica and Phil on the Island of the Dolls.

396

00:25:13,500 --> 00:25:16,500

While he and Jessica prepare for tonight's investigation,

397

00:25:16,500 --> 00:25:23,500

Phil is using an underwater ROV to probe the area where both the little girl and Don Julian drowned.

398

00:25:23,500 --> 00:25:28,500

He's exploring a theory that toxic gases might be making people ill,

399

00:25:28,500 --> 00:25:32,500

giving them symptoms that feel like paranormal phenomena.

400

00:25:33,500 --> 00:25:35,500

Whoa, what was that?

401

00:25:37,500 --> 00:25:39,500

I think I just saw a doll down there.

402

00:25:39,500 --> 00:25:44,500

I try to put the image of this sunken doll out of my mind and get back to the task at hand.

403

00:25:45,500 --> 00:25:49,500

Every time I get to the bottom and kind of put it in place, gas is just flowing everywhere.

404

00:25:49,500 --> 00:25:52,500

So now I just got to figure out what that gas is.

405

00:25:53,500 --> 00:25:58,500

I collect water samples near the area that has the highest concentration of bubbles.

406

00:25:58,500 --> 00:26:05,500

I'm thinking there could be toxic gases in the water, but I won't know for sure until I send these samples to the lab.

407

00:26:06,500 --> 00:26:07,500

Alright.

408

00:26:08,500 --> 00:26:11,500

While Phil collects additional samples,

409

00:26:11,500 --> 00:26:17,500

back at Base Camp, Jason and I select the gear we'll need for tonight's investigation and discuss our strategy.

410

00:26:17,500 --> 00:26:18,500

Weiss cameras?

411

00:26:18,500 --> 00:26:22,500

Yeah, I thought these would be a good idea to cover the island in areas where we can't be.

412

00:26:22,500 --> 00:26:24,500

Thermal? Everybody needs thermal?

413

00:26:24,500 --> 00:26:25,500

Perfect.

414

00:26:25,500 --> 00:26:26,500

Let's do it.

415

00:26:26,500 --> 00:26:31,500

Jason and I move about the island, setting up a series of cameras in the key paranormal hotspots.

416

00:26:32,500 --> 00:26:35,500

Well, the nice thing about these cameras though, you're able to get a wide shot.

417

00:26:35,500 --> 00:26:41,500

We were covering from here, where you had your experience, all the way this wall and everything.

418

00:26:41,500 --> 00:26:47,500

We have a shot of the original doll that was found next to the drowned girl, and one on the outside of the shack.

419

00:26:47,500 --> 00:26:51,500

One where the little girl's body was found and where Don Hulan also died.

420

00:26:51,500 --> 00:26:57,500

Even in low light, these can pick up all kinds of movements and disturbances that have recently been reported here.

421

00:26:58,500 --> 00:26:59,500

Perfect.

422

00:26:59,500 --> 00:27:02,500

So no trolls or ghosts will pass these bridges without us seeing them?

423

00:27:02,500 --> 00:27:04,500

Don't trolls go under bridges? They live under bridges?

424

00:27:05,500 --> 00:27:07,500

Touche. Touche, sir.

425

00:27:12,500 --> 00:27:14,500

Hey. Hey, what's going on?

426

00:27:14,500 --> 00:27:15,500

Cass, this looks great.

427

00:27:15,500 --> 00:27:18,500

While we go do a sweep, do you mind monitoring these?

428

00:27:18,500 --> 00:27:19,500

Yeah.

429

00:27:19,500 --> 00:27:21,500

Good luck out there.

430

00:27:21,500 --> 00:27:30,500

Jason grabs the thermal imager, which renders infrared radiation as visible light, and may be able to detect heat signatures attributed to the energy of a spirit.

431

00:27:30,500 --> 00:27:31,500

Alright, cool.

432

00:27:31,500 --> 00:27:36,500

While I go straight for a high-tech tool that Jason has brought with him to the island.

433

00:27:36,500 --> 00:27:40,500

I heard goggles. Now it's going to make you feel like you're in VR when you're wearing them.

434

00:27:40,500 --> 00:27:42,500

But you'll be able to get used to it.

435

00:27:42,500 --> 00:27:43,500

Okay. Yeah.

436

00:27:43,500 --> 00:27:44,500

Alright.

437

00:27:44,500 --> 00:27:45,500

Let's hit up the area where...

438

00:27:45,500 --> 00:27:46,500

The water?

439

00:27:46,500 --> 00:27:48,500

Yeah, to the water where the girl was drowned.

440

00:27:49,500 --> 00:27:53,500

The whole idea about using the IR is you're able to catch the things that people claim to see most.

441

00:27:53,500 --> 00:27:57,500

Things that emit their own light or shadow type entities.

442

00:27:58,500 --> 00:28:01,500

Two people died here.

443

00:28:01,500 --> 00:28:09,500

Is there a way to measure what would you look for for the emotional trauma and build up of something that was very scary and traumatic for those people?

444

00:28:09,500 --> 00:28:14,500

People losing their lives dramatically are what usually leads to residual type haunts.

445

00:28:14,500 --> 00:28:19,500

Now, the difference between types of haunts, you have an intelligent like you and I after we pass.

446

00:28:19,500 --> 00:28:20,500

We're trying to communicate.

447

00:28:20,500 --> 00:28:22,500

It's the tugging on the clothes letting people know we're there.

448

00:28:22,500 --> 00:28:24,500

A residual is like a tape player.

449

00:28:24,500 --> 00:28:30,500

It's always the same thing. It's the same type of activity at the same time, whether it's rewinding and playing itself over and over again.

450

00:28:30,500 --> 00:28:31,500

Yeah.

451

00:28:31,500 --> 00:28:32,500

Happens...

452

00:28:32,500 --> 00:28:33,500

Share that.

453

00:28:33,500 --> 00:28:34,500

What the heck?

454

00:28:40,500 --> 00:28:43,500

I thought I heard splashing, but I don't see anything to you.

455

00:28:46,500 --> 00:28:48,500

I'm not getting any heat signatures over here.

456

00:28:48,500 --> 00:28:50,500

I'm not seeing anything.

457

00:28:51,500 --> 00:28:58,500

Do you want to maybe head to that area where you had your experience and see maybe you're able to pick up anything with that?

458

00:28:58,500 --> 00:29:02,500

We head to where I felt a very strong energy presence before.

459

00:29:02,500 --> 00:29:03,500

Be careful.

460

00:29:03,500 --> 00:29:07,500

The shack where the doll belonging to the drowned little girl hangs.

461

00:29:07,500 --> 00:29:11,500

Like right now, I'm actually starting to feel freaked out.

462

00:29:11,500 --> 00:29:13,500

You're starting to feel freaked out?

463

00:29:13,500 --> 00:29:14,500

Well, but yeah.

464

00:29:14,500 --> 00:29:17,500

And that's the same thing that happened the other day.

465

00:29:18,500 --> 00:29:19,500

Got the goosebumps.

466

00:29:19,500 --> 00:29:21,500

Oh my God, I'm going to start crying.

467

00:29:27,500 --> 00:29:29,500

Did you just hear something?

468

00:29:31,500 --> 00:29:32,500

Oh, do you hear that?

469

00:29:32,500 --> 00:29:33,500

Yeah, I heard that.

470

00:29:35,500 --> 00:29:37,500

I heard it like right over here.

471

00:29:37,500 --> 00:29:38,500

Jesus.

472

00:29:38,500 --> 00:29:40,500

Oh, oh my God, no.

473

00:29:41,500 --> 00:29:42,500

Do you hear that?

474

00:29:42,500 --> 00:29:43,500

It's only a voice.

475

00:29:43,500 --> 00:29:44,500

Yeah, it's bright.

476

00:29:44,500 --> 00:29:47,500

We think we might have heard a disembodied voice.

477

00:29:47,500 --> 00:29:49,500

I can't tell it's too faint.

478

00:29:49,500 --> 00:29:52,500

But to communicate with it in Spanish, we'll need some help.

479

00:29:52,500 --> 00:29:53,500

Don't speak Spanish.

480

00:29:53,500 --> 00:29:56,500

I don't speak enough to actually have a conversation.

481

00:29:56,500 --> 00:29:57,500

Phil speaks Spanish.

482

00:29:57,500 --> 00:29:58,500

Give Phil?

483

00:29:58,500 --> 00:30:01,500

I think Phil would be the ideal person to have out here.

484

00:30:01,500 --> 00:30:02,500

Okay.

485

00:30:06,500 --> 00:30:07,500

All right.

486

00:30:07,500 --> 00:30:13,500

Jason and I head back out towards the shack to the spot where he and Jessica heard the disembodied voice.

487

00:30:13,500 --> 00:30:15,500

I heard the disembodied voice.

488

00:30:20,500 --> 00:30:21,500

All right, we're recording.

489

00:30:21,500 --> 00:30:22,500

So...

490

00:30:33,500 --> 00:30:37,500

Part of the big mystery from back then is that there was just this girl that drowned.

491

00:30:37,500 --> 00:30:39,500

It must have been really tragic for Don Julian.

492

00:30:39,500 --> 00:30:44,500

There was a caretaker here to just have this kind of placed upon him on this island.

493

00:30:44,500 --> 00:30:45,500

Yeah, absolutely.

494

00:30:45,500 --> 00:30:47,500

You think of it like a lantern in the woods.

495

00:30:47,500 --> 00:30:52,500

If there's something here that's going to try to be around where the energy is, and that's pretty much us.

496

00:30:52,500 --> 00:30:56,500

It could be her, it could be him, it could be some...

497

00:30:56,500 --> 00:30:57,500

What's that?

498

00:30:58,500 --> 00:30:59,500

What's that sound?

499

00:31:03,500 --> 00:31:04,500

There's a lot of noises out here.

500

00:31:04,500 --> 00:31:05,500

Yeah, there is.

501

00:31:05,500 --> 00:31:11,500

You don't know if it's something else that somebody came here and brought to the island due to rituals or contamination.

502

00:31:11,500 --> 00:31:12,500

Yeah.

503

00:31:13,500 --> 00:31:16,500

We're not here to bother, are we?

504

00:31:16,500 --> 00:31:22,500

We're here to listen, to help.

505

00:31:30,500 --> 00:31:32,500

Well, I think we've given it enough time.

506

00:31:32,500 --> 00:31:36,500

So let's go back to base camp and we'll check back later and see if we picked up anything on the record.

507

00:31:36,500 --> 00:31:37,500

Alright.

508

00:31:37,500 --> 00:31:38,500

Good job, man.

509

00:31:43,500 --> 00:31:49,500

Have you thought about maybe going back to that location where you had the experience and just trying to spend some time there?

510

00:31:49,500 --> 00:31:52,500

See if you're able to have a similar experience or...

511

00:31:52,500 --> 00:31:53,500

Uh...

512

00:31:53,500 --> 00:31:54,500

See if you get it again or...

513

00:31:54,500 --> 00:31:56,500

Yeah, yeah, I'm happy to do that.

514

00:31:56,500 --> 00:32:02,500

Jason and I definitely heard something over by the shack where Don Julian hung the Drowned Girls doll.

515

00:32:02,500 --> 00:32:07,500

It's the same spot where I felt under attack by a powerful spiritual entity.

516

00:32:08,500 --> 00:32:12,500

So I'm going to conduct what paranormal investigators call a solo session.

517

00:32:12,500 --> 00:32:20,500

This means I'll be sitting inside the shack alone for 30 minutes and we'll see if my presence triggers any paranormal activity.

518

00:32:22,500 --> 00:32:25,500

Okay, I'm gonna put a light here so we can see what's happening around you.

519

00:32:25,500 --> 00:32:26,500

Okay.

520

00:32:27,500 --> 00:32:31,500

Once Phil leaves, I'll be completely alone in the shack.

521

00:32:31,500 --> 00:32:33,500

No crew, no extra gear.

522

00:32:33,500 --> 00:32:37,500

It's just me and whatever spirits haunt this room.

523

00:32:39,500 --> 00:32:43,500

We are gonna set the timer for 30 minutes.

524

00:32:43,500 --> 00:32:44,500

Okay.

525

00:32:45,500 --> 00:32:47,500

30 minutes starts now.

526

00:32:55,500 --> 00:33:11,500

Okay, so all I'm hearing right now is like little skittering kind of around the area.

527

00:33:11,500 --> 00:33:13,500

Hello.

528

00:33:21,500 --> 00:33:23,500

Cut!

529

00:33:23,500 --> 00:33:25,500

What the heck?

530

00:33:29,500 --> 00:33:35,500

Phil's theory that naturally occurring gases will cause a lot of damage to the shack.

531

00:33:35,500 --> 00:33:46,500

Phil's theory that naturally occurring gases might play a role in the strange experiences on the island of the dolls does have historic precedent.

532

00:33:46,500 --> 00:33:55,500

More than 3,000 years ago, there was a place in Greece that was also believed to trigger supernatural phenomena, the Oracle of Delphi.

533

00:33:55,500 --> 00:34:02,500

That's where a priestess at a hilltop temple supposedly received messages from the god Apollo.

534

00:34:02,500 --> 00:34:07,500

The building sat atop a cavern that had a sacred spring running through it.

535

00:34:07,500 --> 00:34:14,500

The priestess would take a deep breath and enter a kind of mystical, trance-like state, and now we might know why.

536

00:34:14,500 --> 00:34:21,500

In 2001, researchers revealed that the cavern contains high amounts of methane and ethylene.

537

00:34:21,500 --> 00:34:29,500

Breathing this combination of natural gases, which bubbled up from fissures beneath the spring, may have triggered extreme hallucinations.

538

00:34:29,500 --> 00:34:37,500

And depending on the results of Phil's testing, a similar phenomenon might explain at least some of people's experiences at the island of the dolls.

539

00:34:37,500 --> 00:34:40,500

But it can't explain everything.

540

00:34:45,500 --> 00:34:53,500

After a disturbing encounter in the island shack earlier in the week, I volunteered to conduct a solo session in the same spot.

541

00:34:54,500 --> 00:34:58,500

Almost immediately, I continued to have strange experiences.

542

00:34:59,500 --> 00:35:01,500

Hello.

543

00:35:29,500 --> 00:35:31,500

Oh, my God, I'm lost.

544

00:35:36,500 --> 00:35:37,500

That is...

545

00:35:37,500 --> 00:35:39,500

Oh, I did it again! Okay!

546

00:35:40,500 --> 00:35:45,500

And this is now the second disturbance in this room when I've been in here.

547

00:35:48,500 --> 00:35:49,500

Hey.

548

00:35:49,500 --> 00:35:50,500

Hey.

549

00:35:51,500 --> 00:35:56,500

Just in case there's like a faulty wire, that battery, I think we should take this out of the equation.

550

00:35:56,500 --> 00:35:58,500

We could get a different light in here and then see what happens.

551

00:35:58,500 --> 00:35:59,500

Okay.

552

00:35:59,500 --> 00:36:01,500

I'll get this out of here then.

553

00:36:02,500 --> 00:36:03,500

I'm gonna leave you with this.

554

00:36:03,500 --> 00:36:05,500

Okay, thank you.

555

00:36:22,500 --> 00:36:23,500

What's she hearing?

556

00:36:24,500 --> 00:36:31,500

I'm hearing some kind of taps against the back wall behind me. Do you guys see anything on the monitors?

557

00:36:33,500 --> 00:36:34,500

Some shadows or something.

558

00:36:34,500 --> 00:36:37,500

Yeah, I can't tell if it's your shadow though.

559

00:36:37,500 --> 00:36:38,500

Go.

560

00:36:51,500 --> 00:36:53,500

Just behind you, there's a doll.

561

00:36:55,500 --> 00:36:56,500

What?

562

00:37:01,500 --> 00:37:03,500

Holy s***.

563

00:37:04,500 --> 00:37:08,500

Yeah, it's totally moving. I see it now.

564

00:37:10,500 --> 00:37:13,500

Yeah, what's really weird is none of the other ones are moving. It's just that one.

565

00:37:14,500 --> 00:37:16,500

And there's not a breeze in here or anything.

566

00:37:20,500 --> 00:37:21,500

Hola.

567

00:37:24,500 --> 00:37:26,500

Hola, como estas?

568

00:37:34,500 --> 00:37:39,500

Oh my god, Phil.

569

00:37:39,500 --> 00:37:43,500

Something just started talking from one of the dolls in here.

570

00:37:43,500 --> 00:37:51,500

Came over to a little shrine area that's built here and heard a voice say mama.

571

00:37:51,500 --> 00:37:53,500

Okay, that is so weird.

572

00:37:54,500 --> 00:37:55,500

Alright, I'm coming out.

573

00:38:00,500 --> 00:38:01,500

That's crazy.

574

00:38:01,500 --> 00:38:03,500

Yeah, yeah, yeah.

575

00:38:03,500 --> 00:38:05,500

You did not hear mama.

576

00:38:05,500 --> 00:38:09,500

I most certainly did. One of the dolls absolutely started talking.

577

00:38:10,500 --> 00:38:14,500

We head back into the shack with Jess, but we don't hear anything else.

578

00:38:14,500 --> 00:38:18,500

We also can't find any reason why the doll above her was swaying.

579

00:38:20,500 --> 00:38:27,500

The amount of activity that only you have had, and we've been able to document, I think, is intriguing enough.

580

00:38:27,500 --> 00:38:28,500

It's really interesting.

581

00:38:28,500 --> 00:38:32,500

Well, we got a long boat ride back, so I think we should pack up our gear and get out of here.

582

00:38:32,500 --> 00:38:33,500

I'm down for that.

583

00:38:33,500 --> 00:38:34,500

Let's do it.

584

00:38:39,500 --> 00:38:43,500

Although we're leaving, our investigation of the island of the dolls is far from over.

585

00:38:43,500 --> 00:38:50,500

After spending several hours analyzing the recordings, we were able to isolate some really strange sounds.

586

00:38:50,500 --> 00:38:54,500

Jason and I thought we heard a voice calling out to us that he and Phil recorded.

587

00:38:54,500 --> 00:38:55,500

Could be him, could be some...

588

00:38:55,500 --> 00:38:57,500

Yeah, right there.

589

00:38:57,500 --> 00:39:02,500

We listened back to the audio, and after amplifying the recording, we heard a voice calling out to us.

590

00:39:02,500 --> 00:39:05,500

We heard a voice calling out to us that he and Phil recorded.

591

00:39:05,500 --> 00:39:07,500

Could be him, could be some...

592

00:39:07,500 --> 00:39:08,500

Yeah, right there.

593

00:39:08,500 --> 00:39:13,500

We listened back to the audio, and after amplifying the recording, we heard this.

594

00:39:18,500 --> 00:39:19,500

I hear something.

595

00:39:19,500 --> 00:39:20,500

Let me rewind it a little bit.

596

00:39:24,500 --> 00:39:29,500

I mean, to me that almost sounds like a yudame, which means help me in Spanish.

597

00:39:30,500 --> 00:39:33,500

Then came Jessica's 30-minute solo session.

598

00:39:33,500 --> 00:39:37,500

Jason and I both saw a shadow figure against the back wall.

599

00:39:37,500 --> 00:39:38,500

There.

600

00:39:38,500 --> 00:39:39,500

Oh, yep, I see it.

601

00:39:39,500 --> 00:39:46,500

But after looking at it closely, we can't rule out that it could have been a shadow cast by an animal or something outside the shack.

602

00:39:46,500 --> 00:39:49,500

I will give you the light thing.

603

00:39:49,500 --> 00:39:51,500

That is...

604

00:39:51,500 --> 00:39:52,500

Come on, did it again!

605

00:39:52,500 --> 00:39:53,500

Okay!

606

00:39:53,500 --> 00:39:58,500

And finally, there was the moment when the doll above me was in the back wall.

607

00:39:58,500 --> 00:40:05,500

And then there was the moment when the doll above me moved, and I distinctly heard what sounded like one of the dolls saying mama.

608

00:40:07,500 --> 00:40:10,500

I really do think something really weird is going on over there.

609

00:40:10,500 --> 00:40:11,500

Like, 100%.

610

00:40:17,500 --> 00:40:21,500

We can all agree that the island of the dolls is a deeply disturbing place.

611

00:40:21,500 --> 00:40:28,500

It is a fact that a young girl and the island's original caretaker both drowned here for reasons unknown.

612

00:40:28,500 --> 00:40:37,500

But as to whether the young girl's ghost or the victims of nearby Aztec rituals haunt the island is a matter of spirited debate.

613

00:40:37,500 --> 00:40:38,500

Come on, did it again!

614

00:40:38,500 --> 00:40:39,500

Okay!

615

00:40:41,500 --> 00:40:48,500

Phil's tests reveal that although there are elevated gas levels around the island, they're not high enough to cause hallucinations.

616

00:40:49,500 --> 00:40:57,500

It is also worth noting that Mexico City is a place of deeply held religious beliefs that may shape people's experiences.

617

00:40:57,500 --> 00:41:06,500

Catholicism, brought by the Spanish conquistadors, mixed with ancient rituals that are still conducted to honor Aztec heritage.

618

00:41:06,500 --> 00:41:10,500

But Jess's encounters in the shack, both by day...

619

00:41:10,500 --> 00:41:12,500

Oh my god, I'm going to start crying.

620

00:41:13,500 --> 00:41:19,500

And at night are hard to explain away, as are the noises captured on the island.

621

00:41:19,500 --> 00:41:24,500

Voices that seem to cry out from the beyond.